

Spotlight on practice

Stigma of being in care

Hertfordshire Project Positive: campaign to raise aspiration and reduce stigma November 2020

Project Positive aims to raise the aspirations of children in care and reducing stigma for care leavers applying for jobs.

This is a practice example from the Bright Spots Programme www.coramvoice.org.uk/brightspots

## Why?

Children in Care Council Care Leavers' Group were asked – 'Are we valuing care?'. Young people responded they felt the opposite – that society labels and judges young people leaving care, harming their chances in later life. What difference is it making? Raising aspirations of children in care and reducing stigma experienced by care leavers.

## What did they do?

Participation Team colleagues worked with the Care Leavers' Group to create a campaign page which was launched during National Care Leavers Week.

The Project Positive website includes:

- Positive quotes and advice from children in care and care leavers (aimed at children in care)
- Section aimed at employers 'Why you should employ a care leaver'
- 'CV of a care leaver' highlighting skills and qualities young people have developed through the experience of being in care
- Call to pledge what are you doing to challenge stigma for care leavers?

The Guardian newspaper picked up the story and featured an <u>article</u> about the project, and Marion Ingram (Operations Director) wrote an <u>essay</u> about Project Positive that was featured in a collection of essays about valuing children in care.

The Care Leavers' Group attended a council meeting to challenge councillors to think before reinforcing stereotypes.



