

Hi, I'm AdvoCat!

I'm here to help you get your voice heard.

Helping children in care to get their voices heard

We are delighted to introduce you to AdvoCat, the advocacy superhero. We hope that you enjoy reading about AdvoCat and advocacy for children in care.

Are you growing up in care?
Do you have a social worker?

Does it sometimes feel like adults are not really listening to how you feel about things?

Sometimes it might be really hard for you to understand what is being said.

People might be making decisions about you, without asking what you think.

Don't worry! You can speak to an advocate!
An advocate is someone who can help you get your voice heard loud and clear.

What does an advocate do?

An advocate can go to meetings with you.

An advocate can help you talk to your social worker and other grown-ups.

An advocate can explain things to you and can speak up for you, so you don't have to do this all by yourself.

An advocate will make sure adults listen to what is important to you when they are making decisions about your life.

Remember, adults really want to hear what you have to say.

You are the most important person in the room.

With the help of an advocate, your voice is your SUPERPOWER!

If you want an advocate, you can get one by phoning our helpline yourself.

Helpline number: 0808 800 5792
This is free to call

Or ask an adult you trust to do it for you.

Always remember advocates are here for you and only you.

It would not have been possible to create AdvoCat without the insight and talent of the children we work with. We would like to give a big thank you to all the children and young people who have helped us to bring AdvoCat to life, especially the children at The Mulberry Bush School, who helped to design AdvoCat. Their views, inventiveness and creativity were amazing.

To find out more about AdvoCat watch the cartoon at:
www.coramvoice.org.uk/advocat

If you want an advocate go to your local provider or contact us and we can help you to find them.
www.coramvoice.org.uk
Freephone number: 0808 800 5792
help@coramvoice.org.uk

