



NORTH YORKSHIRE CARE CHAMPIONS



My First Night Project



Who, What, And how

Who we are

Care Champions a group of care experienced young people , ages 11 +. From across North Yorkshire. All with a passion to make things better for other care experienced young people



What we wanted to do

We wanted to make the first night in care for other young people a tiny bit less scary a little more comfortable, and hopefully feeling less alone. We know how difficult the first night in care can be . We feel that this first experience can be improved.

How we did it

We shared our own experiences , both good and bad . We discussed what would have helped us at that difficult time. We then came up with a plan to make sure every child who came into care in NY receive a welcome pack form us. We created All About Me and All about You booklets for children and foster carers to complete and exchange on Day 1

The Process

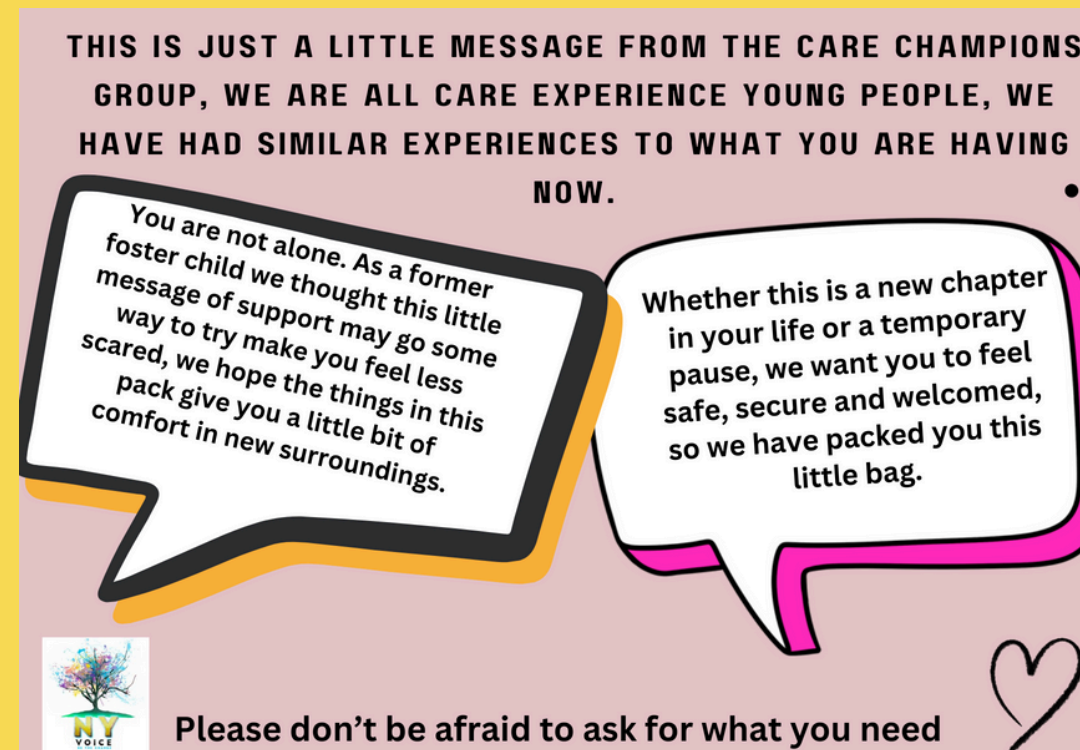


We developed a the welcome packs. They include some comforting items , such as fluffy socks a notebook and a postcard message from us.

We wrote an 'All About Me' guide for the child and the new carer to complete This means that things the child thinks are important are shared and they have information about where they are moving to.



We wrote and presentation and delivered it to the Assistant Director Children & Families



We asked for a commitment (and money) for this to be made a realitly going forward

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Senior management approved the Welcome Packs

They gave us money to provide the packs to all new children entering foster care .

We packed the bags and they have now been distributed and every new child will receive a warm welcome from our group.

Thank you FROM
North Yorkshire Care Champions